

SCHOOL COUNSELING PROGRAM NEWSLETTER

SHANDRAI SILVA, SCHOOL COUNSELOR

DECEMBER 2024

COUNSELOR MESSAGE

Happy December! Well, we've almost reached the halfway point of the 2024 -2025 school year! Here's to a wonderful end of the 2nd nine weeks, first semester and the calendar year!

Here's a snapshot of school counseling program happenings in November and December. Some students are participating in small group meetings. Individual meetings with student are underway as well. Students engaged in lessons and activities in classroom guidance about character traits, kindness and compassion, gratitude and cooperation. We will continue to explore social-emotional skills. Soon, we will engage in digital citizenship and college & careers lessons.

In November, we participated in a schoolwide service project in recognition of World Kindness Day. Together, we collected approximately 275 food items for Crisis Assistance Ministry. Way to go! Thank you for being Bucket Filler!!!

Student Council members were elected in November. They have already started to serve. Student Council members organized and counted donations collected for Crisis Assistance Ministry. In December, student council officers participated in a video to help promote our school. Student Council members completed a service opportunity. They created 75 craft kits for the Ronald McDonald House - Charlotte.

Happy Holidays! Let's have another great month!

HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks. Small group counseling and individual counseling by self– referral, parent referral, teacher referral, administrator referral or counselor initiated. Contact school counselor, Shandrai Silva, at sosilva@gaston.k12.nc.us and/or 704-866-8467.

PROMOTING CHARACTER EDUCATION "WE'RE SOARING WITH GOOD CHARACTER"

COOPERATION

The character trait of the month is cooperation. Working together and helping others. Cooperation is about making sure we know how to be on a team or work in a group towards a common goal.



Student Support Services @ the Nest



School Counselor: Shandrai Silva School Social Worker: Diane Manning School Nurse: Susan Clark





Student Council Meeting - December 16th @ grade level Specials Time - *Student Council Service Activity